Clinical Education Opportunities on Opioids and Chronic Pain

This resource lists various clinician and staff clinical education opportunities on opioids and chronic pain. The education opportunities are sorted by topic.

Multi-Subject Clinical Education

CDC Interactive Training Series

This interactive online series aims to help healthcare workers apply CDC's recommendations in clinical settings through patient scenarios, videos, knowledge checks, tips, and resources. There are 11 self-paced modules, and each offers free continuing education credit. The modules cover the following topics:

1. Addressing the Opioid Epidemic: Recommendations from the CDC
2. Treating Chronic Pain without Opioids
3. Communicating with Patients
4. Reducing the Risks of Opioids
5. Assessing and Addressing OUDs
6. Dosing and Titration of Opioids
7. Determining Whether to Initiate Opioids for Chronic Pain
8. Implementing CDC's Opioid Prescribing Guideline into Clinical Practice
9. Opioid Use and Pregnancy
10. Motivational Interviewing
11. Collaborative Patient-Provider Relationship in Opioid Clinical Decision Making

COCA Call Webinar Series

This series includes seven cases that demonstrate and instruct participants on how the 12 recommendations of the *CDC Guideline for Prescribing Opioids for Chronic Pain* can be incorporated and applied in a primary care practice setting. The webinars cover the following topics:

1. Overview of the CDC Guideline for Prescribing Opioids for Chronic Pain
2. Nonopioid Treatments for Chronic Pain
3. Assessing Benefits and Harms of Opioid Therapy
4. Dosing and Titration of Opioids
5. Assessment for Opioid Use Disorder and Referral to Evidence-Based Treatment
6. Risk Mitigation Strategies: PDMPs, UDT, and Naloxone
7. Effective Communication with Patients About Opioid Therapy

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TelePain

University of Washington Medicine hosts weekly webinar presentations and case discussions about caring for patients with chronic pain. You can sign up to participate in the live webinars and/or watch the recorded presentations. Topics include:

1. Establishing pain diagnosis
2. Functional assessment
3. Multidimensional outcome tracking
4. Comorbid psychological disorders
5. Non-pharmacological pain management strategies
6. Opioid prescribing, including new rules and guidelines
7. Addiction assessment and treatment
8. Buprenorphine
9. Medicinal cannabis
10. Extended release/long-acting opioids
11. Sleep
12. Disability
13. Pediatric Pain
14. Pain in pregnancy
15. Diversion
16. Migraine and headache
17. Pelvic pain

Joint Pain Education Program

This video series is a collaboration between the Department of Defense and the Department of Veterans Affairs to develop a standardized pain management curriculum to improve complex patient and provider education and training.

Acute and Chronic Pain Flow Sheet

These flow sheets give an overview for the process of evaluating and treating acute and chronic pain.

Turn the Tide Pocket Guide for Clinicians

This handout from HHS, the CDC, and the Office of the Surgeon General gives an overview of steps to take before, during, and after prescribing opioids to a patient.

Empathic Communication Resources

Empathic Communication Resource List

The document lists both general and chronic-pain-specific communication educational resources on empathic communication and motivational interviewing.

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Considerations for Long-Term Opioid Use

Medical Risks of Long-Term Opioid Use
Quick guide to medical risks associated with long-term opioid use including respiratory depression, injuries, GI issues, hormonal effects, and oral health issues.

Principles for More Selective and Cautious Opioid Prescribing
Two-page resource covering principles physicians should follow for all chronic non-cancer pain patients, principles to use when considering long-term use of opioids, and principles to follow when caring for patients using opioids long-term.

Using Urine Drug Screenings

Urine Drug Tests (UDT)
Fact sheet on using UDTs to monitor opioid therapy for complex chronic non-cancer pain.

Urine Drug Test (UDT) Interpretative Algorithm
Algorithm for monitoring opioid treatment.

Metabolism Data for Common Medications
Lab screening tool to review metabolism rates of various types of opioids and other drugs.

Treatment and Management of Opioid Use Disorder

MAT Waiver Training
Eight-hour online MAT waiver training.

Buprenorphine
Buprenorphine information on SAMHSA's website.

Naloxone
Naloxone information on SAMHSA's website.

Tapering

VA Opioid Taper Decision Tool
The Opioid Taper Decision Tool is designed to assist primary care providers in determining if an opioid taper is necessary for a specific patient, in performing the taper, and in providing follow-up and support during the taper.

Prescription Drug Monitoring Programs

Prescription Drug Monitoring Programs (PDMPs)
This document is a resource to teach clinicians and staff about PDMPs and how they can improve opioid prescribing practices.

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Pain Science and Pain Treatment

CME Pain Management Course
We highly recommend all clinicians and staff receive training on pain etiology. This course from the Oregon Pain Management Commission is an excellent resource.

Clinician Support Resources

UW Medicine Pain and Opioid Consult Hotline for Clinicians
Flyer for a hotline for clinicians treating patients with complex pain medication regimes, particularly high dose opioids.

Medication Assisted Treatment ECHO
Virtual education series for primary care providers interested in starting or expanding medication assisted treatment for opioid use disorders at their clinic.

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