Coda Alliance Consumer Resource - Tools that Facilitate the Conversation about Goals and Health Care

Name of Tool	Who it is for	Languages	What you get	Cost	Website
"Go Wish Cards"	All ages, designed for adults; may be suitable for persons with mild cognitive impairment.	English, Spanish	A tool to facilitate a conversation about what is most important to you in life. The cards allow for trying different ideas, priorities, and changing perspectives. **YOU GET a prioritized view of your goals to share with others.**	$26 for two decks of cards. Quantity discounts available.	http://www.codaalliance.org/gowishcards.html
"Go Wish" card game On-Line	All ages with computer skills	English	An online version of the Go Wish Cards, to prioritize and **YOU GET to save your file for later reference online.**	Free online	GoWish.org
Advance Directive Forms	18 years and older	Varies by State	**YOU GET a legal document** to state your Power of Attorney for health care and finances, including some care planning if this information is appended.	Free - Many versions available online	
American Bar Association "Advance Care Health Decisions"	General public, Professionals	English	**YOU GET tools to assist in Advance Healthcare Planning.** Tool #1 How to Select Your HEALTH CARE AGENT or Proxy; Tool #2 Are Some CONDITIONS WORSE THAN DEATH?; Tool #3 How Do You Weigh ODDS OF SURVIVAL?; Tool #4 Personal PRIORITIES and SPIRITUAL VALUES Important to Your Medical Decisions; Tool #5 AFTER DEALTH DECISIONS to Think About Now; Tool #6 CONVERSATION SCRIPTS: Getting Past the Resistance; Tool #7 The PROXY QUIZ for Family & Physician; Tool #8 What to DO AFTER SIGNING Your Health Care Advance Directive; Tool #9 GUIDE FOR PROXIES; Tool #10 RESOURCES: Advance Planning for Health Care (updated April 2014)	Membership fee for professionals	http://www.americanbar.org/aba.html
Before I Die	All ages	Global	Before I Die is a global public art project that invites people to reflect on their lives. **YOU GET to share your personal aspirations in public space.**	Cost to build Wall	http://beforeidie.cc/
Being Mortal by author Atul Gawande (Book and multimedia)	Public and Professionals	English	**You get a book, movie, multimedia that will spark discussion**	Varies dependent on media	http://atulgawande.com/book/being-mortal/
California Health Care Foundation	General Public, Professionals	English	Works to ensure that people have access to the care they need, when they need it, at a price they can afford.	Free	http://www.chcf.org/
California Medical Association	Professionals	English	**YOU GET information regarding the science and art of medicine, the care and well-being of patients, the protection of the public health and the betterment of the medical profession**	Membership fee for professionals	http://www.cmanet.org
Cincinnati Empathy Project	All ages who can read short English sentences	English	**YOU GET a video showing what others are thinking, the situations they are facing,** that are not obvious as you watch them in their usual jobs.	Free	https://www.youtube.com/watch?v=cDDWvj_q-o8
Coalition for Compassionate Care in California	Individuals and Organizations		**You get expertise, tools and resources to families, patients, policy makers and healthcare providers** to help ensure that all Californians receive high-quality palliative and end-of-life care.	Many free tools Membership fee Annual Conference Online store	http://coalitionccc.org/
Compassion and Choices	Adults	English	Compassion & Choices helps people plan for and achieve a good death and works to change attitudes, practices and policies. **YOU GET access to information and options needed to have more control and comfort at the end of life.**	Free	https://www.compassionandchoices.org/what-we-do/advance-directive/

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Compassion and Support at the end of life in New York State	Providers, aimed at New York State residents	English and Spanish	**YOU GET resources for providers in New York State (and information for providers everywhere)** about advance care planning at the end of life	free	http://www.compassionandsupport.org/index.php/for_professionals
Compassion and Support at the end of life in New York State	Patients and families, aimed at New York State residents	English and Spanish	**YOU GET resources for patients and families of New York State (and information for others) about advance care planning**	free	http://www.compassionandsupport.org/index.php/for_patients_families
Compassion and Support YouTube Channel	Use these real stories and advance care planning videos to help you start the conversation.	English, Spanish	**YOU GET You Tube videos, labeled with their purpose or content.**	free	Enter into your internet search browser: CompassionAndSupport YouTube Channel
Consider the Conversation	Adults	English	**YOU GET a Home page of documentary film**, Consider the Conversation 2: Stories about Cure, Relief, and Comfort, available on DVD, with links to radio interviews, public events	Free to watch samples on website, Personal Use DVD $29.95 Educational Use DVD $199.95 (Discounts offered)	http://www.considertheconversation.org
Death Cafe	Adults	Death Cafes have been held in over 31 countries	At a "Death Café" people, often strangers, gather to eat cake, drink tea and discuss death. **YOU GET to increase awareness of death with a view to helping people** make the most of their (finite) lives'.	"How to Guide" is Free	http://deathcafe.com/
Death Over Dinner	Adults	English	**YOU GET information about how create a forum for conversations with your friends**	Free	http://deathoverdinner.org/ and TED TALK: https://www.youtube.com/watch?v=4DT0aMfFtuw
Deathwise	All Ages		**YOU GET to learn about, talk about, and make decisions about a wide range of issues related to death.**	Free	https://www.deathwise.org/
Dignity in Care	Health Care Workers, Users and Researchers	English	**YOU GET practical ideas and tools to support a culture of compassion** and respect throughout the health care system.	Free	http://www.dignityincare.ca/
Doing What Works	Health Plan Members	English	CHCD project to engage health plan members in deliberative discussions on the overuse of ineffective, harmful and wasteful healthcare services. Doing What Works (DWW) (and pilot Common Cents) demonstrate how public perspectives on unnecessary care varies according to the types of situations they faced. Funded with grants from California HealthCare Foundation and Kaiser Permanente National Benefit Fund. The sessions will start this Fall 2015.		Contact us at info@chcd.org for more information.
Engage with Grace	Adults	English	The One Slide Project was designed to help get the conversation about end of life experience started. **YOU GET a tool to help get people talking with five questions on it.**	Free	http://www.engagewithgrace.org/

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End-of-Life University	Adults	English	**You get his FREE interview series** consists of in-depth educational interviews with experts from all aspects of the end-of-life. You'll hear conversations with people who are passionate about changing the way our society deals with dying, death, and after-death decisions.	Free	http://www.eoluniversity.com/
Final Exit Network	Adults	English	Works toward obtaining the basic human right of competent adults to choose to end their lives on their own terms when they suffer from irreversible physical illness, intractable pain, or a constellation of chronic, progressive physical disabilities.	Many free services, Memberships offered for additional services	http://www.finalexitnetwork.org
Five Wishes	Adults (over age 18)	English, Spanish, and 26 other languages	**YOU GET a form that in 42 states is a legal advance health care directive**, if filled out and witnessed in accordance with the instructions.		https://agingwithdignity.org/
Five Wishes - Adolescents "Voicing My Choices"	Adolescents and Young Adults	English	(Not a legal Advance Directive.) Covers: My Signature, Comfort, Support, Medical Care Decisions, Medical Treatment, Family/Friends To Know, Spiritual Thoughts, Remembrance, Belongings, Voice (Letters) **YOU GET the an advance health care directive's information, aimed at adolescents that their guardian can use as a guide.**	$5	https://fivewishes.org/five-wishes/individuals-and-families/children-and-adolescents
Five Wishes - Pediatrics	Children - View example of completed document	English	My Wishes for: How I Want People to Treat Me How Comfortable I Want to Be What I Want My Loved Ones to Know	$5	https://fivewishes.org/five-wishes/individuals-and-families/children-and-adolescents
Five Wishes Online	Adults (over age 18)	English	Fill out the form online, then print it or send/share it electronically **YOU GET a form that in 42 states is a legal advance health care directive, if filled out and witnessed in accordance with the instructions.**		https://fivewishesonline.agingwithdignity.org
Funeral Consumer Alliance	Public	English	**YOU GET information on planning funerals.**	Cost to join	http://www.funerals.org/forconsumersmenu
Heart To Heart Card Game	All ages, designed for adults	Chinese and English	**YOU GET your own Heart to HeartTM deck to foster discussion of issues involved in advance care planning** among family members, friends, etc.	4-deck pack contains decks of four different colors $45.00 1 deck $15.00	http://www.caccc-usa.org/store/index.html
Honoring Choices Minnesota	Public, Professionals	Videos in English, Spanish, Hmong and Somali	Support many community-based conversations regarding end-of-life care planning.	Free	http://www.honoringchoices.org/
Kaiser - Northern California	Adults	English	Life Care Planning is Kaiser Permanente's name for a process also known as advance care planning. **YOU GET tools to encourages all adults plan in advance.**	Free	http://lifecareplan.kaiserpermanente.org/advance-health-care-directive-guide/
Life Before Death	All ages	English DVD in several languages	Advocates making the most of life before death. **YOU GET several tools provided online.**	Several tools on line for free. Set of two DVDs $49.95	http://lifebeforedeath.com/index.shtml

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Mesothelioma Veterans Center	Adults	English	Provide veterans diagnosed with any asbestos illness the best information, advice and assistance. **YOU GET several tools.**	Free Guide	https://www.mesotheliomaveterans.org/
My Gift of Grace	All ages	English	**YOU GET a game to play** with questions in the game cover a wide variety of topics about living and dying well, and games can last anywhere from 20 minutes to three hours or more.	$24.95, 2 or more $19.95, Organization must purchase license	http://mygiftofgrace.com
National Association of Estate Planners and Councils	Public	English	**YOU GET information that educates the public on what estate planning is**, why it is so important, the reasons to do estate planning and how to best identify the professional team of advisors ready to assist.	Free	http://www.naepc.org/home/for-public
National Funeral Directors Association	Public	English	**YOU GET information about grief, informing and supporting children, suicide, pets.**	Free	http://nfda.org/public.html
National Health Care Decisions Day	Public and providers	English	National Healthcare Decisions Day exists to inspire, educate and empower the public and providers about the importance of advance care planning. 50 state annual initiative.	Free	http://www.nhdd.org/
National POLST Project	Frail population, in nursing homes, assisted living, frequent hospital admits or frail people at home	Varies by State	Links to State Programs, News & Events, Resource Library of POLST materials, and Videos. **YOU GET a legal form, when completed by patient/surrogate and healthcare provider is a current medical order regarding use of various life-prolonging interventions.**	Free - encourage printing in pink	http://www.polst.org
PREPARE for your care	Adults. Can be used by mature minors. Plays as a narrative video for those with limited computer skills.	English, Spanish	A five-step online program with video covering - Choosing a medical decision maker - Deciding what matters most in life - Choosing flexibility for your decision maker - Talking to others about your wishes - Asking doctors the right questions **YOU GET help taking the steps in these areas**	Free online	www.prepareforyourcare.org
Seven Ponds	Public and providers	English	A contemporary resource for those who wish to celebrate memory and personalize end-of life. **YOU GET guidelines and checklists, along with multimedia resources.**	Free online	http://www.sevenponds.com/
The Conversation Game	United Kingdom version of Go Wish cards, designed for adults	UK English	**YOU GET a tool to facilitate discussions**, getting people to think and talk about positive values and goals.	Starts at two Packs £24.00 + P&P Tiered pricing	http://www.conversationsforlife.co.uk/
The Conversation Project Starter Kit	Adults	English, Spanish, French, Mandarin. Pediatric version in English.	This isn't about filling out Advance Directives or other medical forms. It's about talking to your loved ones about what you or they want for end-of-life care. Also has "How to Talk to your Doctor" **YOU GET practice and ideas for difficult conversations.**	Free	http://theconversationproject.org/starter-kit/intro/#sthash.wOyx5o8r.dpuf
The Heart of Hospice	Public and providers	English	Provides information to hospice professionals and personal hospice caregivers, anyone who wants information about end of life care. YOU GET a blog that is published weekly related to hospice.	Free online	http://www.theheartofhospice.com/

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The Living Planner	Adults	English	Covers all areas that should be addressed when organizing Your Life, organizing your transition from life, and what do when a loved one dies. **YOU GET a self assessment tool and suggestions.**	Free after you sign in	http://www.thelivingplanner.com/
What Are My Options	People facing health care decisions - short term and long term	English	**YOU GET to answer questions about your situation that, depending on your answer, lead you to other related questions.**	Free	http://www.momentsoflife.org/decision-tree/what-are-my-options
When Breath Becomes Air, Paul Kalanithi's memoir	Public and Professionals	English	Written as Dr. Kalanithi faced a terminal cancer diagnosis, is an emotional investment well worth making: a moving and thoughtful memoir of family, medicine and literature.	Varies dependent on media	https://www.washingtonpost.com/entertainment/books/when-breath-becomes-air-in-a-young-doctors-final-words-wisdom-and-hope/2016/01/08/aa5a8402-b60e-11e5-9388-466021d971de_story.html